

Overcoming Barriers' Board of Directors

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OVERCOMING BARRIERS



Overcoming Barriers is a 501(c)(3) non-profit organization created to develop and provide family-centered programs and professional trainings that promote children's healthy relationships with both parents and that keep children out of the middle of challenging co-parenting situations.

Make a donation to ensure these programs continue to thrive:
overcomingbarriers.org/support

OVERCOMING BARRIERS

Child-Centered Programs for Families in Conflict
www.OvercomingBarriers.org

 New Training for 2013

CURRENT PROGRAMS

OCB currently offers two unique family programs and one professional training developed and implemented by the OCB clinical team. Program participants come from across the United States and Canada.

[Visit OvercomingBarriers.org](http://VisitOvercomingBarriers.org)

- Detailed program information including dates and application information
- Make a donation to support program development and greater accessibility

FORGING FAMILIES' FUTURES

1 WEEKEND ROLLING INTAKE
1-2 FAMILIES

This program is a weekend intervention open to families with children and young adults between ages 9 and 21. All family members, including live-in or significant others, must attend for the entire weekend.

The program is held in a hotel or other private retreat setting with children and parents sleeping separately. The mornings begin with psycho-educational groups for adults and for children. The afternoons are filled with a variety of different interventions, based on morning work, which may include parent-parent work, parent-child work, family work or multi-family work.

Goals include:

- Children become more free to feel and show connection with both parents
- Children see parents working together in a safe way
- Family members understand the roles that each play
- Participants learn problem-solving skills to apply to difficult situations

HIGH-CONFLICT DIVORCE CAMP

5-DAYS, 4-NIGHTS, SUMMER
5- 6 FAMILIES

This program includes all members of the family, including stepparents and stepchildren. With its relaxing activities and skilled, supportive staff who understand the complexities of these relationships, this camp will provide a unique opportunity to create new beginnings and rich new memories for families.

Families will receive detailed written aftercare recommendations.

In addition to traditional camp activities like yoga, arts and crafts, hiking and campfires, families will participate in specially designed Children and Adult Programs each morning.

The psycho-educational part of this family camp, led by experts in this field, will help both parents see the value of the other in the child's life. Families will learn how to repair ruptured relationships and will have the unique opportunity to build positive connections in a supportive, safe and healthy environment.



PROFESSIONAL TRAINING

WEB-BASED SEMINAR AND HIGH-CONFLICT DIVORCE CAMP IMMERSION

This dynamic training led by Drs Deutsch, Sullivan and Ward is designed for licensed mental health professionals with experience working with families in high-conflict. Participants will have a unique opportunity to train under the supervision of the clinical team while learning all the clinical components of program delivery.

The didactic web-based seminars will occur in the months leading up to a High-Conflict Divorce Camp. The training program will culminate in trainees attending camp (see adjacent fold) where they will observe and have opportunities for supervised immersion.

Seminar topics will include:

- Psycho-educational groups for parents and children
- Intake and follow-up with the family courts
- Introduction to multifaceted, in the moment interventions
- Use of milieu to support clinical work

Interested professionals should submit an application online. Space is limited.